

Blueberry Blizzard Coffee Cake

INGREDIENTS: Sugar, Bleached Wheat Flour, Sour Cream (Cultured Pasteurized Light Cream, Nonfat Milk and Enzymes), Blueberries, Eggs, Soybean Oil, Water, Natural Flavor, Modified Food Starch, Buttermilk Solids, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Palm Oil, Whey Protein (Milk), Mono and Diglycerides, Sea Salt, Corn Syrup, Xanthan Gum, Sorbic Acid, Enzyme, Turmeric added for color, Agar. Contains: WHEAT, EGG, MILK. - This product is manufactured on equipment exposed to soy, pecan, and walnut products. -



Nutrition Facts

Serving Size 2 oz (56g)

Servings Per Container 24

Amount Per Serving

Calories 220 **Calories from Fat 90**

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 3g **14%**

Trans Fat 0g

Cholesterol 30mg **10%**

Sodium 160mg **7%**

Total Carbohydrate 29g **10%**

Dietary Fiber 0g **2%**

Sugars 18g

Protein 3g

Vitamin A 2% • **Vitamin C 0%**

Calcium 4% • **Iron 2%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4