

Oatmeal Raisin Cookie Dough



Nutrition Facts

Serving Size 1 cookie (30g)
Servings Per Container About 36

Amount Per Serving

Calories 130 **Calories from Fat 50**

% Daily Value*

Total Fat 5g **8%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 110mg **5%**

Total Carbohydrate 19g **6%**

Dietary Fiber 1g **4%**

Sugars 10g

Protein 2g

Vitamin A 4% • **Vitamin C 0%**

Calcium 0% • **Iron 4%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MARGARINE (PALM OIL, WATER, CONTAINS 2% OR LESS OF: SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, CITRIC ACID, VITAMIN A PALMITATE ADDED, BETA CAROTENE [COLOR]), ROLLED OATS, RAISINS, COCONUT, EGGS, BUTTER (CREAM [MILK], SALT), INVERT SUGAR, CONTAINS 2% OR LESS OF: WATER, MOLASSES, BAKING SODA, SALT, MILK PROTEIN CONCENTRATE, LACTOSE (MILK), NONFAT MILK, ARTIFICIAL FLAVORS. CONTAINS: COCONUT, EGGS, MILK, WHEAT